So I have created a program that scans and reads the whole dictionary.csv file and stores all its elements in an Array List of type String. Since all the elements are stored in the arraylist in ascending order and if we were to add them as it is in the bst tree that would form a linked list or a degenerated tree.   
To avoid this I have used collections framework in java which shuffles all the elements present in the arraylist and then added the elements in BST.  
Now this forms a partially balanced tree.